Directions to Cal-a-Vie Health Spa

Spa Havens Way is the entrance to Cal-a-Vie. When you arrive at the gate, follow the instructions on the call box, the front desk will open the gate.

Note: When using online maps or GPS, enter location as:
2200 Gopher Canyon Rd., Vista, CA 92084

From Los Angeles, Orange County:
Take I-5 south to Hwy. 76 east, continue east 6 miles. Turn right on East Vista Way, turn left at Gopher Canyon (the first stop light). Continue 2.7 miles and to the Spa Havens Way driveway on the right. (If you see the golf course, you have gone too far.) Drive up to the call box and follow instructions.

From Carlsbad/Oceanside (Beach cities)
Take Highway 78 east and exit Civic Center Dr. Drive north 2 miles and turn right on East Vista Way. Drive 6 miles to Gopher Canyon Rd. and turn right. Continue 2.7 miles and you will see the Spa Havens Way driveway on the right. (If you see the golf course, you have gone too far.) Drive up to the call box and follow instructions.

From Escondio, Rancho Santa Fe areas:
Take I-15 north and exit Gopher Canyon Rd. Turn left and drive approx. 2.5 miles. Continue past the golf course and make an immediate left on Spa Havens Way. Drive up to the call box and follow instructions.

From San Diego Airport
Go east on N Harbor Drive for approx. 1 mile and turn left on W. Grape St. Take I-5 south, then immediately take 163 north. Merge on to the 15 north and exit on Gopher Canyon Rd. Drive 2.5 miles west, immediately following the golf course turn left on Spa Havens Way. Drive up to the call box and follow instructions.

We look forward to your visit!

Cal-a-Vie Health Spa
29402 Spa Havens Way, Vista, CA 92084
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